

These medications interfere with allergy skin tests and SHOULD BE DISCONTINUED 5 DAYS PRIOR TO TESTING:

1. Antihistamines:

- Over-the-counter allergy medications and many cold medications containing antihistamines (active ingredients, such as: chlorpheniramine, diphenhydramine, doxylamine, brompheniramine, loratadine, clemastine), such as:
 - Benadryl
 - Chlortrimeton
 - Alavert, Claritin
 - Tavist
 - NyQuil
 - Alka-Seltzer Plus Night-Time Cold Medicine
 - Dimetapp Cold & Allergy Elixir
- prescription antihistamines, such as
 - Allegra (fexofenadine)
 - Rynatan
 - Clarinex
 - Zyrtec
 - Atarax (hydroxyzine)
 - doxepin
- Over-the-counter sleep aids containing antihistamines, such as
 - Unisom
 - Nytol
 - Sominex
- Night-time pain relievers, such as
 - Tylenol PM

Most medications do not interfere with skin testing, and should be continued; DO NOT STOP:

- **Cortisone nasal sprays** (Flonase, Nasonex, Nasacort AQ, Rhinocort, etc.)
- **Asthma medications** (Albuterol, Flovent, Singulair, Advair, Asthmanex, Singulair, etc.)
- **Antibiotics**
- **Eye drops for allergy** (Patanol, Zaditor, Optivar, etc.)
- **Decongestants** (Sudafed, Prolex D, etc.)
- **Oral steroids** (Prednisone, Medrol, Prelone, etc.)
- **Medicines for other conditions** such as diabetes, arthritis, reflux, high blood pressure, birth control pills, etc.