

**These medications interfere with allergy skin tests and SHOULD BE DISCONTINUED 5 DAYS PRIOR TO TESTING:**

- **Antihistamines:**
  - Over-the-counter allergy medications and many cold and cough medications containing antihistamines (active ingredients, such as chlorpheniramine, diphenhydramine, doxylamine, brompheniramine, loratadine, clemastine), including
    - Benadryl
    - Chlortrimeton
    - Alavert, Claritin
    - Allegra (fexofenadine)
    - Zyrtec
    - Tavist
    - NyQuil
    - Alka-Seltzer Plus Night-Time Cold Medicine
    - Dimetapp Cold & Allergy Elixer
  - prescription antihistamines, such as
    - Rynatan
    - Clarinex
    - Xyzal
    - Atarax (hydroxyzine)
    - doxepin
  - Over-the-counter sleep aids containing antihistamines, such as
    - Unisom
    - Nytol
    - Sominex
  - Night-time pain relievers, such as
    - Tylenol PM

**If you have been prescribed a new blood pressure or glaucoma drops, please call our office.**

**Most medications do not interfere with skin testing, and should be continued; DO NOT STOP:**

- **Cortisone nasal sprays** (Flonase, Nasonex, Nasacort AQ, Rhinocort, etc.)
- **Asthma medications** (Albuterol, Flovent, Singulair, Advair, Asthmanex, Singulair, etc.)
- **Antibiotics**
- **Eye drops for allergy** (Patanol, Zaditor, Optivar, etc.)
- **Decongestants** (Sudafed, Prolex D, etc.)
- **Oral steroids** (Prednisone, Medrol, Prelone, etc.)
- **Medicines for other conditions** such as diabetes, arthritis, reflux, cholesterol, birth control pills, etc.